

# KEEP UP!

VOLUME 1 ISSUE 3

**Believe!**

**Commit!**

**Succeed!**

**“ The important thing about having goals is having one.”**

- Geoffrey F. Abert

**“ Always be a little kinder than necessary.”**

James M. Barry

**“ Be like a duck. Calm on the surface, but always paddling like the dickens underneath.”**

Michael Caine

**“ If you lose the power to laugh, you lose the power to think.”**

Clarence Darrow

**“ Results! Why, man, I have gotten a lot of results. I know several thousand things that won't work.”**

Thomas A. Edison

**“ The hardest of all is learning to be a well of affection, and not a fountain, to show them that we love them, not when we feel like it, but when they do.”**

Nan Fairbrother

**“ Don't be afraid to take a big step. You can't cross a chasm in two small steps. “**

David Lloyd George

**“ When I hear somebody sigh, “Life is hard,” I am always tempted to ask, “Compared to what?””**

Sydney J. Harris

**“ You can have brilliant ideas, but if you can't get them across, your ideas won't get you anywhere.”**

Lee Iacocca

**“ Take time to deliberate; but when the time for action arrives, stop thinking and go in.”**

Andrew Jackson

**“ Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the present.”**

Bil Keane

**“ If you were going to die soon and had only one phone call to make, who would you call and what would you say? And why are you waiting?”**

Stephen Levine

**“ Don't be afraid of opposition. Remember, a kite rises against; not with; the wind. “**

Hamilton Mabie

**“ Of those who say nothing, few are silent.”**

- Thomas Neill